

Noticed a change in your COPD symptoms?

Answering these questions may help explain these changes

Have you:

- Had a harder time breathing than usual?
- Experienced more cough and mucus than usual?
- Used your rescue inhaler more than normal?
- Taken oral steroids and/or antibiotics because of worsening symptoms of COPD?
- Been admitted to the hospital because of worsening COPD symptoms?

If you checked any of these boxes, you may have had a COPD flare-up. Flare-ups may carry significant risks.

One flare-up may be only the beginning. Talk to your healthcare provider today about developing a plan to reduce your risk of COPD flare-ups.

COPD=chronic obstructive pulmonary disease.



